## SENIOR ADVISORY COMMISSION Milpitas City Hall, Committee Meeting Room 455 E. Calaveras Blvd. December 28, 2004, 1:30 PM

## **AGENDA**

A. CALL TO ORDER: Chairperson Denny Weisgerber, Mary Banick, William 'Ed' Connor,

Bal Daquigan, Joyce Dovlet, Milo Larsen, Amanda Santos, Albert Wang,

Joanne Wood

Alternate: Barbara Ebright, Kathryn Manento

**B. SEATING OF ALTERNATES:** 

C. FLAG SALUTE:

**D. ADOPTION OF AGENDA:** December 28, 2004

E. APPROVAL OF MINUTES: October 26, 2004

**F. FINANCIAL REPORT:** October 1-November 30, 2004

**G. CITIZEN FORUM:** 

Members of the audience are invited to address the Commission on any subject not on the agenda. Speakers must state their name and address for the record, and limit their remarks to under two minutes. As an unagendized item, no response is required of City staff or the Commission; however, the Commission may agendize the item for a future meeting.

## H. ANNOUNCEMENTS/CORRESPONDENCE

- 1. City Facilities Closed in observance of the following holidays: December 31, 2004, for New Year's Day; January 17, 2005, for Martin Luther King, Jr.'s Birthday; February 11, 2005, for Lincoln's Birthday; and February 21, 2005, for President's Day.
- 2. Denny Weisgerber: Speaker from Health Committee: Strokes
- 3. Milpitas Rainbow Theatre's Production of "Bugsy Malone, Jr.", January 14-22, 2005.
- 4. "New Year, New You" Family Fitness Faire, January 22, 2005, Milpitas Sports Center
- 5. CAPRCBA Commissioner Training, Saturday, February 26, 2005, Milpitas Community Center
- 6. Police Chief Lawson

## I. OLD BUSINESS:

## 1 Walk A Golden Mile - Commissioner Banick

### **Background:**

In the past, the Senior Advisory Commission has held a "Walk A Golden Mile" fundraising event for the Milpitas Senior Center. This event consisted of seniors walking a specific course and collecting donated funds. For several years the course consisted of walking down Main Street. The last few years the event was held, Secure Horizons co-sponsored the event (with other senior centers) and transported seniors to San Francisco to walk across the Golden Gate Bridge and provided lunch. Due to budget problems, Secure Horizons discontinued this program and in doing so, the Milpitas Senior Advisory Commission and Senior Center staff also discontinued the event.

Commissioner Banick has been discussing this event with representatives from the GreatMall, with the possibility of bringing this event back in early 2005 and offering it at the GreatMall. Commissioner Banick will provide information on her discussions with the GreatMall representative and provide some potential dates for the "Walk A Golden Mile" event.

## **Recommendation:**

Review and discuss the event and possible dates for 2005.

### 2. Senior Corps – Commissioner Larsen

### **Background:**

At the request of Chairperson Weisgerber, this item is continued from the Senior Advisory Commission's August 24, 2004, meeting. Commissioner Larsen was requested to provide more detailed information on the Senior Corps program. This item was postponed from the Commission's October 26, 2004, meeting due to the absence of Commissioner Larsen.

#### **Recommendation:**

Note, Receipt and File.

## J. NEW BUSINESS:

1. 2005 CPRS Awards and Volunteer Recognition Event – Lynette Wilson, Recreation Program Coordinator California Park and Recreation Society's District IV's annual Awards & Recognition Dinner will be held on Thursday, February 17, 2005. The City of Milpitas Recreation Services has used this event to recognize its outstanding volunteers, including one in Senior programs. In the past years, the SAC has selected a senior volunteer whose voluntary contributions in time and effort to recreation, park and human services programs significantly improved services. Once a volunteer is selected, staff will complete and submit the nomination form.

Staff will distribute a list and brief description of Senior Center program volunteers for Commissioners to select from.

### **Recommendation:**

Commission selects a volunteer to be recognized at the CPRS Awards & Volunteer Recognition Dinner.

## 2. Senior Advisory Commission Bylaws: Members At Large Positions – Lynette Wilson, Recreation Program Coordinator

### **Background:**

The Senior Advisory Commission's Bylaws currently indicate that two of its Commissioners hold "Members At Large" positions, which require members/participants of the Milpitas Senior Center to "elect" them into the positions. The Mayor, with approval from the City Council, appoints all other Commission positions. When a Members At Large seat becomes vacant, a "special election" takes place at the Senior Center. The election can take several months to complete, due to the time required for staff to announce the need for candidates in the bi-monthly Senior Newsletter, announce the election dates and hold the election. The Members At Large positions was designed to allow active Senior Center participants, who may not be Milpitas residents, to hold a position on the Senior Advisory Commission.

Staff would like the Commission to discuss if the Members at Large positions are still necessary. Changing the Bylaws and making the Members At Large positions to regular commission members could allow the Mayor to fill vacancies in a timelier manner from applications on file in the City Clerk's office.

### **Recommendation:**

Discuss and make a recommendation on keeping or eliminating the Members At Large positions in the Senior Advisory Commission's Bylaws.

## **K. OTHER BUSINESS:**

### 1. Staff Reports

1.1 Recreation Services Report – Lynette Wilson, Recreation Program Coordinator

Senior Programs

Senior Center Renovation Status

Report on Senior Center Holiday Dance & Party

- December
  - 30 New Year's Celebration Lunch
  - 31 Senior Center Closed New Year's Day Observed
- January
  - 4 VTA Photo, 10:00am-12:00 pm
  - 5 Bingo, 1:00 pm
  - Wally's Rhythm Rascals
    Dental Health Education Program Workshop, 10:00 am
  - 11 Monarch Butterfly/Redwood Forest Trip
  - 12 Bingo, 1:00 pm

- 13 Speaker: "For Your Convenience," 11:00 am
- 17 Senior Center Closed Martin Luther King Jr.'s Birthday
- 18 Birthday Party with Rosalinda Lively
- 19 Bingo, 1:00 pm
- 20 Potluck Dinner & Activity
- 21 Wally's Rhythm Rascals
- 24 Registration begins for February/March classes Thunder Valley Casino Trip
- 26 Bingo, 1:00 pm
- 27 Afternoon Dance with the SoundMasters, 1:30 pm
- 27-28 AARP Mature Driving Class

### February

- 2 Bingo, 1:00 pm
- 4 Wally's Rhythm Rascals, 10:30 am
- 10 Steinhart Aquarium Trip
- 11 Senior Center Closed Lincoln's Holiday
- 14 Valentine's Day
- 15 Birthday Party with The Bin's
- 16 Bingo, 1:00 pm
- 21 Senior Center Closed President's Day Holiday
- 22 Senior Advisory Commission Meeting
- 24 Potluck Dinner & Activity
- 25 Wally's Rhythm Rascals
- 28 Jackson Casino Trip

## 1.2 Senior Center Nutrition Report – Roseann Costabile, Nutrition Site Manager

- Nutrition Program **October**: Daily average 68 participants, compared to 77 in September. 1,431 meals were served, and there were 8 new lunch participants.
- Transportation 55 shuttle service riders, 590 nutrition program riders and 5 new riders registered.
- Nutrition Program November: Daily average 69 participants. 1,304 meals were served, and there were 4 new lunch participants.
- Transportation 25 shuttle service riders, 443 nutrition program riders and 2 new riders registered.
- Starting in February, a different salad will be featured each week (Cobb, Chicken Ceaser, Southwest Chicken Salad, Tuna Salad, Spinach Salad, Chinese Chicken Salad and Chef Salad)

## 2. Liaison Reports

- 2.1 City Council Report Althea Polanski
- 2.2 Council on Aging Advisory Commission Denny Weisgerber
- 2.3 AARP Joanne Wood / Mary Banick
- 2.4 Arts Commission Report Linda Rabe
- 2.5 Parks, Recreation & Cultural Resources Commission Kashmir Gill
- 2.6 50<sup>th</sup> Anniversary Update Amanda Santos

### 3. Future Agenda Items

Alternative Transportation Concept (Ed Connor)

## L. ADJOURNMENT

# Next SAC Meeting February 22, 2005, 1:30 pm, City Hall Committee Room